

# Program for FOODcamp

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>7 am</b>		<b>Activity</b> Early bird in the kitchen	<b>Activity</b> Early bird in the kitchen	<b>Activity</b> Early bird in the kitchen	<b>Activity</b> Early bird in the kitchen
		<b>Breakfast</b> Breakfast buffet + granola Lunch box	<b>Breakfast</b> Breakfast buffet + fruit yoghurt	<b>Breakfast</b> Breakfast buffet + porridge & toppings	<b>Breakfast/Activity</b> Breakfast buffet + surprise of the day Food on the go
		<b>Activity</b> Use all of your senses	<b>Class time</b> (1 hour)	<b>Activity</b> Legs and eggs: Inside the chicken	<b>Reset FOODcamp</b> Clean-up
<b>12 pm</b>	<b>Arrival, welcome &amp; unpacking</b> (11-12 am)	<b>Class time</b> (4½ hours incl. lunch)  Optional: • Trip with a nature guide • Activities outside of FOODcamp • Fun by the bonfire	<b>Activity Lunch</b> (10 am) Fun with eggs	<b>Class time</b> (½ hour)	<b>Summing up &amp; farewell</b> (departure around 10.45 am)
	<b>Coordination meeting</b> Teachers & FOODguides			<b>Activity Lunch</b> (10.15 am) Chicken menu	
	<b>Activity</b> (2 pm) Tour de rubbish & kitchen smart	<b>Lunch</b> Lunch box on trip / Lunch box at FOOD-camp	<b>Class time</b> (2 hours) Optional farm visit (Only on Helnæs)	<b>Meeting</b> (30 min) Teachers & FOODguides	
	<b>Class time</b> (45 min)	<b>Activity Dinner</b> (3 pm) Bunches of veggies	<b>Activity Dinner</b> (3 pm) Fish out of water	<b>Class time</b> (2 hours)	
	<b>Activity Dinner</b> (3.30 pm) Food from scratch & a safe start			<b>Activity Dinner</b> (4 pm) Getting creative with leftovers	
<b>6 pm</b>	<b>Evening meeting</b> Teachers & FOODguides (30 min)	<b>Evening meeting</b> Teachers & FOODguides (30 min)	<b>Evening meeting</b> Teachers & FOODguides (30 min)	<b>Reset FOODcamp</b> Clean-up	
	<b>Class time</b> Evening chill and snack	<b>Class time</b> Evening chill and snack	<b>Class time</b> Evening chill and snack	<b>Class time</b> Evening chill and snack	
	<b>Good night</b>	<b>Good night</b>	<b>Good night</b>	<b>Good night</b>	

